

EL DOLOR



El Dolor take their name from the Spanish word for "pain" - a fitting moniker for a band that transforms heartbreak into art. Led by the masterful songwriting of Derek Miller, this Colorado quintet crafts stories of broken hearts and shattered dreams, wrapping them in arrangements that will lure you into toe-tapping before the lyrics punch you in the gut. Their sound defies simple categorization, drawing from a deep well of influences that spans Americana, country, folk, rock, and rockabilly while incorporating atmospheric delay and tasteful distortion.

The current lineup, featuring Derek Miller, Julie Kinsey, Toby Sheets, Josh Bearor, and Chris Anderson, represents the culmination of over a decade of musical collaboration, with some members playing together for 15 years. This deep musical connection shines through in their live performances, where the band has earned their stripes sharing bills with renowned artists, including Clem Snide, Chris Knight, Jason Boland & The Stragglers, and the Vandoliers. Since October 2024, El Dolor has been methodically releasing new material, with their third release slated for February 7, 2025. Each release showcases their ability to blur genre lines while maintaining a consistent emotional core, creating a sound that's both familiar and entirely their own - proof that sometimes the most beautiful things can come from a place of pain.

"My Heart Ain't In It Anymore" maps the journey from attachment to indifference with clarity. The sparse acoustic guitar and cello arrangement creates an intimate space for the confessional chorus, perfectly framing a relationship's decline from joy to emptiness. The songwriting balances vivid imagery with emotional precision, exploring the ambivalence of knowing you could "fight and win it" yet still walking away. It speaks to anyone who's experienced something essential quietly ending.

Artist: El Dolor

Title: My Heart Ain't In It Anymore

Label: Sad Bastard

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RIYL: *American Aquarium, the Bottlerockets, Justin Townes Earle, Todd Snider, Turnpike Troubadors, Uncle Tupelo, the Damn Quails, the White Buffalo.*

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